

THIS SUNDAY:

21 Jan / 3rd Sunday in Ordinary Time
10 am **Sung Mass**
Preacher: Fr Joseph Gabor

NEXT SUNDAY:

28 Jan / 3rd Sunday in Ordinary Time
10 am **Sung Mass**
Preacher: Fr Joseph Gabor

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DURING THIS WEEK:

Monday 22nd January/ Memoria
Saint Vincent, Deacon, Martyr
7.30 am Morning Prayer + MASS
18.00 pm Evening Prayer

Tuesday 23rd January /Feria
7.30 am Morning Prayer + MASS
11 am Beaufort Park Coffee Morning
18.00 pm Evening Prayer Communion

Wednesday 24th January/ Memoria
Saint Francis de Sales, Bishop, Dr
7.30 am Morning Prayer + MASS
10-12.00 am 'Paint and Pray'
wellbeing morning (Side Room)
12.00pm **Communion Service +**
Lunch Club
18.00 pm Evening Prayer
19.15 pm Bible Study in Beaufort P.

Thursday 25th January/ Feast
The Conversion of Saint Paul
7.30 am Morning Prayer + MASS
18.00 pm Evening Prayer
19.00 pm Bible Study Group in
Beaufort Park – John's Gospel

Friday 26th January/ Memoria
Saint Timothy and Titus
7.30 am Morning Prayer
6.00 pm Evening Prayer

FROM FATHER JOSEPH

Prayer for Public Confession at the beginning of Sunday Worship

- Almighty and merciful God, you have brought us together in the name of your Son to receive your mercy and grace in our time of need.
- Open our eyes to see the evil we have done. Touch our hearts and convert us to yourself.
- Where sin has divided and scattered, may your love make one again; where sin has brought weakness, may your power heal and strengthen; where sin has brought death, may your Spirit raise to new life.
- Give us a new heart to love you, so that our lives may reflect the image of your Son.
- May the world see the glory of Christ revealed in your church, and come to know that he is the one whom you have sent, Jesus Christ, your Son, our Lord.

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THIRD WEEK IN OT ~ 21st JAN 2023 B

Welcome to St. Augustine's, Grahame Park especially if you are visiting us for the first time. The Order of Mass is in the Mass booklet. ~ We aspire to be CONFIDENT – CREATIVE – COMPASSIONATE ambassadors of Christ!



❖ We are in 'Ordinary Time' now. The period between Epiphany and Ash Wednesday and between the Day of Pentecost and the beginning of Advent are the two "green seasons", so called from their liturgical colours. This long trek of "ordinary time", the thirty-four weeks which extend from now till the end of November and the start of Advent.

❖ **Lent and Easter.** Lent begins on Ash Wednesday, 14th February. Easter is on Sunday 31st March. **As part of our Thursday Bible-Mental Wellbeing Group**, we are planning to read and discuss a Lent Book together – look out for more details soon.

❖ **Bible readings for the Week** (Day: Morning //Evening) *Sunday:* (Ps 113; Hosea 11:1-12:6; James 2:1-25 //Ps 33; Hosea 14:1-9; Galatians 1:1-24), *Monday:* (Ps 66, 147:13-21; Habakkuk 1:1-16; 1 Corinthians 7:1-40 // Ps 119:41-56; Habakkuk 2:1-20; 1 Corinthians 8:1-12), *Tuesday:* (Ps 132; 147:1-12; Habakkuk 3:2-19; 1 Corinthians 9:1-27 // Ps 145; Zephaniah 1:1-18, 1 Corinthians 10:1-11:34), *Wednesday:* (Ps 45, 46; Zephaniah 2:1-15; 1 Corinthians 11:2-34 // Ps 21, 29; Jeremiah 1:4-10; Acts 26:1-23), *Thursday:* (Ps 47, 48; Isaiah 49:1-13; Galatians 1:11-24 //Ps 24, 33; Isaiah 45:18-25; Philippians 3:1-14), *Friday:* (Ps 61, 65; Malachi 1:1-14; 1 Corinthians 14:20-40// Ps 67, 77; Malachi 2:1-16; 1 Corinthians 15:1-34), *Saturday:* (Ps 68; Malachi 2:17-3:12; 1 Corinthians 15:35-58 // Ps 72, 76; Malachi 3:13-4:6; 1 Corinthians 16:1-24)

❖ **Next church cleaning day:** 26th Jan Fri 12 pm/ **Next PCC:** 29th Jan Mo 7.15 pm

❖ **Sunday, 4th February, Mass at 10 am:** Next 'First Sunday' with the anointing of the sick and elderly. Eucharistic Ministers, please, assure the visiting/contacting of those on our sick-list with an update how they are.

The sick: Navette Levien, Margaret Sefa-Antwi, Phoebe Wadiba, Father Bernard Dagnall, Elfrida Boye-Doe, Robert Tunnicliff, Thelma Wint.

Anniversaries of Death: JAN: • 21st Grace Slocombe • 22nd Hettie Churcher, Sheila Gibbons • 24th Doris Warwick, Grace York • 25th Doris Fox, Daisy Loweth • 26th Ethel Sewell

THE PROPER OF THE MASS (also as 'food for thought for the week')

• **The Eucharistic minister announces the antiphon and the hymn:**

ENTRANCE HYMN ~ Ye servants of God

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INVITATION TO WORSHIP ~ ('Entrance Antiphon')

Cf. Psalm 95:1,6

O sing a new song to the Lord; sing to the Lord, all the earth. In his presence are majesty and splendour, strength and honour in his holy place.

GLORY

(Mass booklet)

COLLECT

Almighty ever-living God, direct our actions according to your good pleasure, that in the name of your beloved Son we may abound in good works. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

FIRST READING

A reading from the book of Jonah (3:1-5,10)

The word of the Lord was addressed to Jonah: 'Up!' he said 'Go to Nineveh, the great city, and preach to them as I told you to.' Jonah set out and went to Nineveh in obedience to the word of the Lord. Now Nineveh was a city great beyond compare: it took three days to cross it. Jonah went on into the city, making a day's journey. He preached in these words, 'Only forty days more and Nineveh is going to be destroyed.' And the people of Nineveh believed in God; they proclaimed a fast and put on sackcloth, from the greatest to the least. God saw their efforts to renounce their evil behaviour. And God relented: he did not inflict on them the disaster which he had threatened.// *The Word of the Lord.*

RESPONSE

Psalm 24:4-6,7-9

Lord, make me know your ways.

SECOND READING

From Saint Paul's First Letter to the Corinthians (7:29-31)

Brothers: our time is growing short. Those who have wives should live as though they had none, and those who mourn should live as though they had nothing to mourn for; those who are enjoying life should live as though there were nothing to laugh about; those whose life is buying things should live as though they had nothing of their own; and those who have to deal with the world should not become engrossed in it. I say this because the world as we know it is passing away.// *The Word of the Lord.*

GOSPEL ACCLAMATION

Mk 1:15

Alleluia, alleluia! The kingdom of God is close at hand: repent, and believe the Good News. Alleluia!

GOSPEL

A reading from the holy Gospel according to John (1:35-42)

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.' As he was walking along by the Sea of Galilee he saw Simon and his brother Andrew casting a net in the lake – for they were fishermen. And Jesus said to them, 'Follow me and I will make you into fishers of men.' And at once they left their nets and followed him. Going on a little further, he saw James son of Zebedee and his brother John; they too were in their boat, mending their nets. He called them at once and, leaving their father Zebedee in the boat with the men he employed, they went after him.

//This is the Gospel of the Lord

CREED

(Mass booklet)

• The Eucharistic minister announces the hymn:

OFFERTORY HYMN ↪ *My God, how wonderful thou art*

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PRAYER OVER THE GIFTS

Accept our offerings, O Lord, we pray, and in sanctifying them grant that they may profit us for salvation. Through Christ our Lord.

• The Eucharistic minister announces the antiphon and the hymn:

COMMUNION ANTIPHON

Cf. Psalm 33.6

Look toward the Lord and be radiant; let your faces not be abashed.

COMMUNION HYMN ↪ *Soul of my Saviour*

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PRAYER AFTER COMMUNION

Grant, we pray, almighty God, that, receiving the grace by which you bring us to new life, we may always glory in your gift. Through Christ our Lord.

• The Eucharistic minister announces the final hymn:

FINAL HYMN ↪ *Forth in the Peace of Christ we go*

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ANGELUS PRAYER (at 12 pm): *The Angel of the Lord declared unto Mary. And she conceived by the Holy Spirit.* Hail Mary, Full of Grace, The Lord is with Thee, Blessed Art Thou Amongst Women, and Blessed is the Fruit of thy womb, Jesus. **Holy Mary, Mother of God, Pray for us sinners, now and at the hour of our death, Amen.**

Behold, the handmaid of the Lord. Be it done unto me according to Thy Word. Hail Mary... *And the Word was made Flesh. And dwelt among us.* Hail Mary...

Let us pray. Pour Forth, we beseech Thee, O Lord, Thy grace into our hearts; that we to whom the Incarnation of Christ Thy Son, was made known by the message of an Angel, may by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ our Lord. Amen.

PARISH CATECHISM **The virtues.** A virtue is an habitual and firm disposition to do good. It allows the person not only to perform good acts, but to give the best of himself/herself. The goal of virtuous life is to become like God. **The human virtues.** The moral virtues are acquired by human effort. They are the fruit and seed of morally good acts. **The cardinal virtues:** Four virtues play a pivotal role and accordingly are called 'cardinal'; all the others are grouped around them. They are: prudence, justice, fortitude and temperance. *Prudence* is the virtue that disposes practical reason to discern our true good in every circumstance and to choose the right means of achieving it. Prudence is 'right reason in action.' It is called the charioteer of the other virtues. It is prudence that immediately guides the judgement of conscience. *Justice* is the moral virtue that wills to give their due to God and neighbor. *Fortitude* ensures firmness in difficulties and constancy in the pursuit of good. *Temerance* moderates the attraction of pleasures and provides balance in the use of created goods. **The virtues and grace.** It is not easy for us, wounded by sin, to maintain moral balance. Everyone should always ask for strength, frequent the sacraments, c-operate with the Holy Spirit. *(next time: The Theological Virtues.)*